

## EVALUATION OF HYPOGLYCEMIC AND HYPOLIPIDEMIC ACTIVITIES OF METHANOLIC EXTRACT OF *ANTIDESMA BUNIUS* (LINN.) (FAMILY EUPHORBIACEAE) LEAF

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### Abstract

**Background and Objective:** To evaluate hypoglycemic and hypolipidemic activities of methanolic extract of *Antidesma bunius* L. leaf.

### Keywords:

*Antidiabetic, Methanolic extract, Antidesma bunius, Alloxan, Hypolipidemic activity, Hypoglycemic activity.*

**Methods:** Diabetes was induced in male Long Evan rats by the administration of single intra-peritoneal injection of alloxan monohydrate (150 mg/kg b.w.). Effect of oral administration of two different doses of methanolic extract (250 and 500 mg/kg b.w.), metformin (100 mg/kg b.w.) alone for 7 days were examined on 0th, 3<sup>th</sup>, 5<sup>th</sup> and 7<sup>th</sup> day of treatment to evaluate hypoglycemic and hypolipidemic activity. After 7 days of treatment, hypolipidemic effects were estimated by measuring serum biochemical parameters such as TC, TG, LDL and HDL. The survival rate, body weight and organ weight were also measured.

**Results:** The leaves extract showed remarkable anti-diabetic property which was evaluated by the percentage of inhibition of the blood glucose level along with TG, TC, LDL and increase in HDL in high concentration of the plant extract compared to the metformin, a reference drug.

**Conclusion:** It can be concluded that methanolic extract of *A. bunius* leaves possesses good hypoglycemic, hypolipidemic activity.

### Introduction

*Antidesma bunius* (Family- Euphorbiaceae) is traditionally used as sudorific and in the treatment of snakebite, decoction is used to promote perspiration in fibrile condition, juice of the plant is useful in the treatment of insomnia. Fresh juice of the fruits is used in the manufacturing of wine as an antioxidant. Roots and leaf are antihelminthic and also used in indigestion cough and stomachache. The seeds are used against round worms and threadworms, coughs, flatulence, intestinal colic and also used as pesticide [1]. Diabetes mellitus (DM), commonly mention to as diabetes, is a group of metabolic disorders of carbohydrate, protein and fat results in high blood sugar levels over a prolonged period of time (World Health Organization, 2014) [2]. Severe complicacy of DM results in diabetic ketoacidosis, nonketotic hyperosmolar hyperglycemic coma, or death [3]. Chronic or Serious long-term complicacy of DM involve kidney disease, stroke, cardiovascular disease, foot ulcers, and destruction to the eyes [4]. In 2015, approximately 415 million people affected by diabetes worldwide [5], among them type 2 DM making up about 90% of the cases [6-7]. This study also suggests that 8.3% of the adult population affected by Type 1 DM, with equal rates in both women and men [8]. Laterally, the prevalence of type 1 DM is also continuously increasing to that of type 2 DM worldwide [9-11]. The amount of diabetic people in world is anticipated to increase to 366 million in 2030 [12]. Circumscribe almost 80% of the population associated with DM in under-developed and developing countries people [13]. Search out for new antidiabetic drugs with minimum or no side effects from

medicinal parts is a demanding to us because in present available drugs for diabetics, insulin or oral hypoglycemic agents have one or more potential side effects and most of them are expensive. We have shown that methanolic extracts of *A. bunius* had antidiabetic activity in alloxan-induced diabetic animal model. Our experiment was designed to compare the hypoglycemic and lipid lowering activities of methanolic extract of *A. bunius* leaf alone with metformin in alloxan induced diabetic rats.

## Materials and Methods

### Collection of plant materials

The leaves of *Antidesma bunius* were collected from Lawchapra, Bakshiganj, Jamalpur, Bangladesh in August, 2016, and identified by an expert taxonomist. A voucher specimen was submitted to the national herbarium, Mirpur, Dhaka, Bangladesh. Accession number: DACB 43490.

### Preparation of extract

In cold extraction process powdered plant materials are submerged in a suitable solvent system in an air tight flat bottom container for seven days, with occasional shaking and stirring. The major portion of plant materials was dissolved in the solvent. Solvent is then separated from dispersed materials and evaporated to get desired extract. Approximately 400gm of powder were soaked in 1.7 liter of methanol for about 14 days at room temperature with occasional shaking. After 14 days the solution was filtered using cotton filter and Whitman's filter paper. The filtrates (methanolic extract) obtained were evaporated first using rotary evaporator & then placed in a water-bath until dried or being semisolid. It rendered a gummy or semisolid concentrates and were designated as crude extracts of methanol. Finally, the extract was stored at room temperature.

### Drugs and chemicals

Alloxan (Hydrate, Lobachemie PVT. LTD.), metformin (COMET tablet, Square Pharmaceuticals Ltd, Bangladesh), Blood samples analyzed for blood glucose content by using Ez Smart 168 (Tyson Bioresearch, Inc. Chu-Nan, Taiwan) glucose test meter. Total cholesterol (TC), triglyceride (TG), low density lipoprotein (LDL), high density lipoprotein (HDL) kits were purchased from Human Gesellschaft fur Bio-chemical mbH-Wiesbaden, Germany. Saline water was purchased from local market. Other chemicals were obtained from local sources and were of analytical grade.

### Antidiabetic Activity Test

#### Experimental animal

Albino rats of either sex, aged 4-5 weeks, obtained from the Animal Resource Branch of the International Centre for Diarrhoeal Diseases and Research, Bangladesh (ICDDR, B) were used for the experiment. They were housed in standard polypropylene cages and kept under controlled room temperature ( $25 \pm 2$  °C; relative humidity 60-70 %) in a 12 h light-dark cycle were used for the study and animals were fed ICDDR, B formulated rodent food and water. The protocol of the study was approved by the institutional animal ethics committee.

#### Experimental Design

Albino rats were randomly assigned into group I, II, III, IV, V; 4 rats were selected in each group for the respective one week treatment for the determination of blood glucose, lipid profile test studies.

Group I: Control; only food and water ad libitum were orally administered to rats.

Group II: Diabetic Control; alloxan monohydrate 150 mg/kg b.w. was administered intraperitoneally to rats.

Group III: Diabetic + metformin, 100 mg/kg b.w.

Group IV: Diabetic + Plant Extract, 250 mg/kg b.w.

Group V: Diabetic + Plant Extract, 500 mg/kg b.w.

#### Preparation of dosage of standard drug and plant extract

Metformin was in white crystal form and freshly soluble in water. The solution of metformin was prepared by dissolving with dimethyl sulfoxide (DMSO) and based on literature searches the doses of metformin were selected

which were 100 mg/kg b.w. respectively and was administered intra-peritoneal route to rats at 0.5 ml drug. Plant extract was semisolid and very slightly soluble in water. The dosage was prepared in suspension using saline water. In order to administer the crude extract at dose of 250mg/kg and 500mg/kg body-weight of rat, required amount of *A. bunius* extract was measured [14-15]. Then the extract was dissolved in 2 ml of DMSO (Di-methyl sulfoxide). Small amount of suspending agents (Tween-80) was added for proper mixing. The final volume of each suspension was made 2ml. Test drug was given at the amount of 0.5ml in intra-peritoneal route to each rat [16].

### Induction of Diabetes:

Firstly, body weight of each rats were measured. Then required amount of alloxan was measured according to the body weight by following the dose of 150 mg of alloxan per 1000 gm of body weight [17-18]. Then calculated amount of alloxan was dissolved in 0.5 ml of sterile normal saline water. Group II-V animals were allowed to fast for 12 hours were rendered diabetic by injection intraperitoneally a freshly prepared solution of alloxan (150mg/kg/b.w.) in saline water after overnight and drink 10% glucose solution to overcome drug induced hypoglycemia. After 24 hours blood glucose content was measured by using glucose monitoring system by the blood sample which was collected from the tail vein of the rats. Animals got the blood glucose levels above 7.0 mmol/L was selected for the study.

## Results

### Hypoglycemic Activity

The parameters of blood glucose (BG) level, TG, TC, LDL Cholesterol, HDL Cholesterol and body weight were measured after one week of drug treatment to study the effect of methanolic extract of *A. bunius* leaves (250 & 500 mg/kg BW), Metformin (100mg/kg BW) were applied in alloxan- induced diabetic rats. Metformin was used as standard antidiabetic agent. In order to determine hypoglycemic activity blood samples were collected from tail-veins of rats and tested for blood glucose level by glucometer at 0<sup>th</sup>, 3<sup>rd</sup>, 5<sup>th</sup> and 7<sup>th</sup> day of treatment. Following chart shows the effect of methanolic extracts of the leaves of *A. bunius* on blood glucose levels of Long Evan rats after one week of continuous treatment. Sequential injection of alloxan caused a significant increase in blood glucose concentration in all group of rats compared with their respective baseline blood glucose and to control values. At all-time points, blood glucose concentration remains unchanged in normal rats treated with distilled water. However, oral administration of the plant extracts (250 & 500mg/kg) as well as metformin (100mg/kg) to diabetic rats decreased in blood glucose concentrations. The blood glucose concentration decrease in case of metformin (66.46%) and *A. bunius* extract of 250 and 500mg/kg (29.57% and 62.8%) respectively.

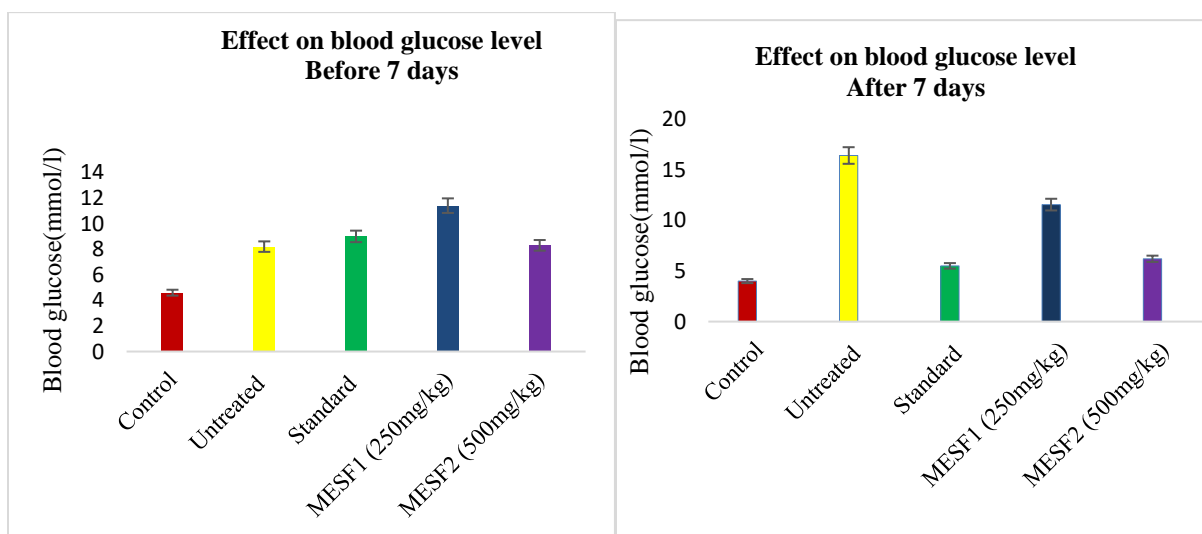


Figure 1

Figure 2

Figure 1 and 2: Effect of *A. bunius* extracts & metformin on blood glucose level in alloxan induced diabetic rats

**Table 1: Effect of *Antidesma bunius* on blood glucose levels in alloxan induced diabetic rats.**

Groups	Fasting Blood glucose level /(mol/l)				
	At the time of grouping	Days of treatment			
		Day 0	Day 3	Day 5	Day 7
Control	4.3± 0.27	4.6±0.28	3.9±0.20	3.7±0.23	4.0±0.22
Untreated diabetic	4.6±0.34	8.2±0.37	9.1±0.32	13.4±0.39	16.4±0.37
Diabetic+ Metformin (100mg/kg)	5.13±0.32	9.0±0.311	6.21±0.37	4.4±0.41	5.5±0.34
Diabetic+ <i>Antidesma bunius</i> (250mg/kg)	6.2±0.28	11.4±0.36	11.5±0.32	12.15±0.30	11.55±0.32
Diabetic+ <i>Antidesma bunius</i> (500mg/kg)	5.3±0.31	8.3±0.41	8.0±0.22	6.4±0.37	6.2±0.35

**Effect of *A. bunius* on lipid profile**

The result showed that the effect of the *A. bunius* extract on TG, TC, HDL, and LDL in alloxan induced diabetic rats. After alloxan induced, the result showed that TG, TC, LDL increased while HDL decreased compared to control rats. The administration of *A. bunius* extracts (250 & 500mg/kg) and metformin (100mg/kg) decreased TG, TC, LDL levels and significantly increased HDL levels.

The TG level decreased in case of metformin (47.72%) and *A. bunius* extract of 250 & 500 mg/kg (-45.45% and 4.54 %) respectively compared to untreated diabetic group rats. The TC level decreased in Case of metformin (31.11%) and *A. bunius* extract of 250 & 500 mg/kg (11.11% and 27.78%) respectively compared to untreated diabetic group rats. The LDL-C levels decreased in case of metformin (78.84%) and *A. bunius* extract of 250 & 500 mg/kg (48.07% and 63.47%) respectively compared to untreated diabetic group rats. The HDL-C C levels increased in case of metformin (75.47%) and *A. bunius* extract of 250 & 500 mg/kg (45.28% and 69.81%) respectively compared to untreated diabetic group rats.

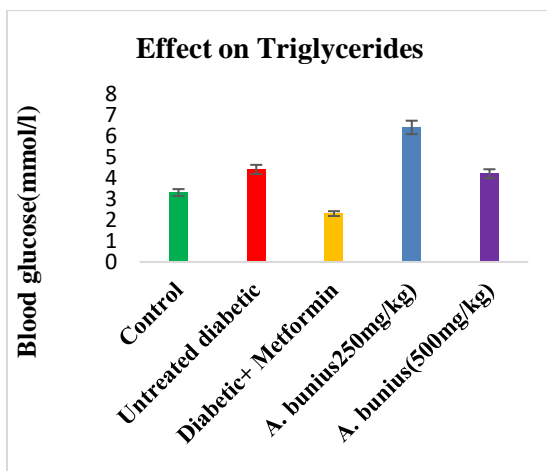


Figure 3

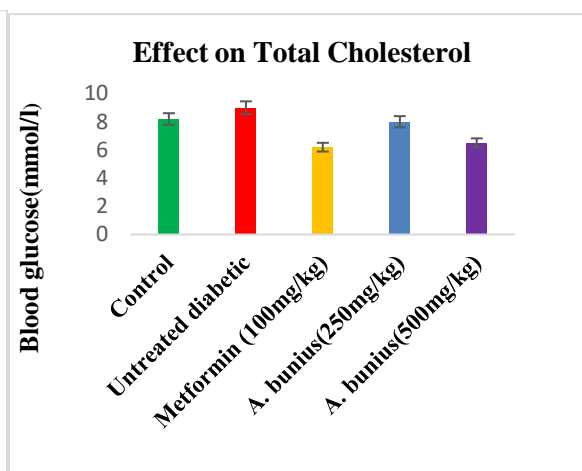


Figure 4

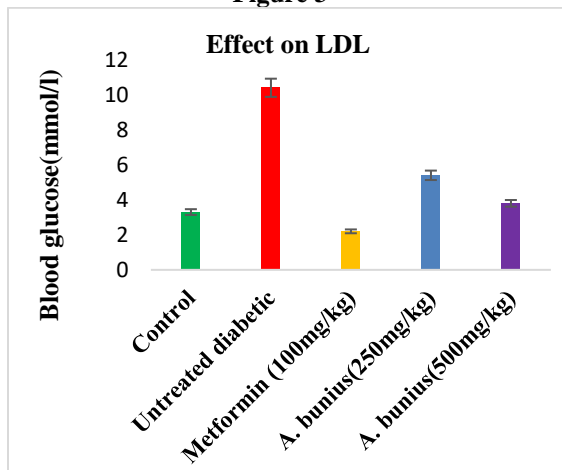


Figure 5

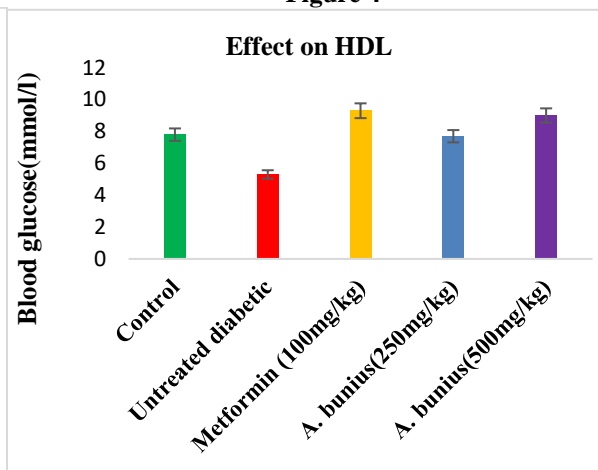


Figure 6

Figure 3, 4, 5 and6: Effect of *A. bunius* extract on TG, TC, LDL and HDL level in alloxan induced diabetic rats. Data as mean± SEM; n=4 in each group

Table 2: Effect of *A. bunius* on lipid profile in alloxan induced diabetic rats.

Group	Body weight (g)			Organ weight (mg/g)	(mmol/l) Lipid profile			
	Initial	Final	% variation		Liver	TG	TC	LDL-C
Control	75	93	-24	4.73	3.3±0.30	8.2±0.37	3.3±0.32	7.8±0.10
Untreated diabetic	97	90	7.21	4.15	4.4±0.31	9.0±0.16	10.4±0.31	5.3±0.30
Diabetic+ Metformin (100mg/kg)	82	94	-14.63	4.49	2.3±0.30	6.2±0.20	2.2±0.20	9.3±0.31
Diabetic + <i>Antidesma bunius</i> (250mg/kg)	104	93	10.33	5.02	6.4±0.31	8.0±0.24	5.4±0.41	7.7±0.16

Diabetic + <i>Antidesma bunius</i> (500mg/kg)	99	90	9.49	4.21	4.2±0.20	6.5±0.18	3.8±0.06	9.0±0.20
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## Discussion

Diabetes is the third killer of mankind after cardiovascular and cancer, because of its high prevalence, mortality and morbidity [19]. The chronic or serious long-term hyperglycemia of diabetes is associated with long term damage, failure and dysfunction of various organs [20]. Alloxan has been seen to cause a monolithic reduction of the  $\beta$ -cells of the islets of Langerhans which induce hyperglycemic [21-22]. A large number of medicinal plant have been tested for their anti-diabetic and anti-hyperlipidemic activity, many remain to be scientifically established. Administration of plant extracts, dose-dependent reduction in blood glucose levels in rat was observed. There was a remarkable fall in the blood glucose levels at higher dose of 500 mg/kg of plant extract compared to 250 mg/kg of plant extract. Then that the lower dose of plant extract at 250 mg/kg body weight showed slightly reduction of blood glucose levels in diabetic rats, but the reduction of blood glucose was significant at a dose of 450 mg/kg body weight.

## Conclusion

Diabetes patient in our country is increasing day by day and now it's become one of the major issue of death for the human being. It also arises multiple diseases if it is not controlled properly. Though there are several drugs and insulin are available to control this disease, but scientists are still looking for natural remedies due to adverse effects associated with those drugs and insulin. In this study, we have shown the beneficial effects of *A. bunius* leaves extract and compared it with the standard drug metformin. Results of this study indicates that higher doses (500mg/kg) of extract showed better potency than lower dose (250mg/kg). The outcome of this study also suggests that high doses of extract works like standard to reduce the blood glucose level, TG, TC, LDL and increases the HDL level. Finally, we can conclude that this leaves extract of *A. bunius* plants has anti-diabetic property with minimal amount of side effects. Further studies are required to determine the functional sites of this components, which are responsible for the beneficial effects and to identify it's mechanism of action. Hence, it is worthwhile to isolate and elucidate the bioactive principles that are responsible for the better activity that is underway.

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## Consent

It is not applicable.

## Ethical approval

The protocol of the experiment was approved by the animal ethics committee of the Department of Pharmacy, Southeast University, Dhaka, Bangladesh. The animals care and health were maintained according to the guidelines of National Institutes of Health.

## Conflict of interest statement

We declare that we have no conflict of interest.

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